

Psycho-Social Support and Mental Health Aftercare Youth Department, Wataneya Society Well-being Through Art TOR

Wataneya Society, a non-profit organization, yet acts as a social enterprise, is registered under the Ministry of Social Solidarity (Moss) since 2008 to “Create a future of equal opportunities for children and youth without parental care, through unifying the standards and applying all aspects of care and services in the alternative care.”

The slogan “Quality of Life for Every Orphan” captures this vision and mission clearly and maintains the vivid focus on children and youth without parental care.

Since its foundation, Wataneya has been introducing innovative solutions based on a scientific approach to reform the orphanage care in Egypt and ensure a better future for children and youth raised in institutional homes. Yet, in 2016, Wataneya extended its efforts to include another form of alternative care which is foster/alternative families (Kafala) by joining the Higher Committee of Alternative Families at Moss.

Wataneya created a breakthrough in the field of orphans’ care by developing Quality Standards for Alternative Care within institutional homes for children and youth without parental care and advocating for mandating these standards nationwide.

Wataneya’s projects and programs are driven from its long-term strategic objectives (2017-2024),

1. Developing the quality of family and semi-family care for children and youth without parental care.
2. Empowering caregivers who are in charge of caring for children and youth without parental care.
3. Enabling youth without parental care economically and socially to successfully transition independency.
4. Developing monitoring and evaluation mechanisms for the alternative care system to sustain the quality of care.
5. Building strategic partnerships to create an enabling environment for children and youth without parental care.

Wataneya was recognized as one of the best six practices worldwide to improve the living environment by Dubai International Award, was selected as the best project under the Humanitarian Category in the Arab Region by MBC Hope in 2014, and was recognized by Prince Mohamed Bin Fahd Prize for Best Charity Performance in 2017 in the Arab World.

Background: Youth transitioning from care homes are faced with many challenges in their journey towards independence. According to Egyptian Child Law, they are required to leave the care home once they reach 18 years old. In some cases, they are allowed to continue living in the care home until they graduate from college, and for girls until they are married. Youth without parental care get mandated to transition from formal care to independence, regardless of whether or not they are ready, supported, or equipped.

About the Program:

The program aims to equip/support youth transitioning from care homes overcome the obstacles they face, elevate their mindset and capabilities, empower care leavers to break free from self-limitations, assist others with their problems, and find alternative ways and solutions to deal with situations and conflicts using art-based methods and techniques.

The program seeks to bring about positive changes in the practical, psychological, and social aspects of young care leavers' lives.

Consultancy Description:

Below are the main areas that Wataneya Society is seeking professional expertise design and provide orphaned youth with timely effective, hands on and sound interventions:

Main topics of the program (groups - one on one):

- Emotional awareness (intelligence - maturity - self-awareness)
- Relationships building (how to build healthy relationships, how to identify unhealthy relationships, creating boundaries, expectations, maturity, marriage...)
- Sexual awareness and health
- Referral to one-on-one Psych services for special cases
- Cross cutting skill in the whole program is self-expression

With a focus on these objectives, the program aims to achieve the following:

Social Objectives of the Program:

- Increase the sense of belonging.
- Foster commitment.
- Encourage integration and participation.
- Understand the motivations for success.
- Help participants integrate more with society.

Psychological Objectives of the Program:

- Build trust and safety.
- Dealing with life crises and challenges through different methods.
- Identify sources of psychological support.
- Learn how to recognize and express emotions.

Consultancy Responsibilities:

Designing and implementing the program with the target audience using performing arts and arts interventions methods tackling one or more of the topics.

Places of implementation: Field, Care Homes, Office, other suitable places

Targeted Participants: Young men and women aged 18 + care leavers/ orphaned youth.

Expected Program Duration: Approximately 3 months (specific number of sessions and frequency to be determined).

We are willing to consider other suggestions, and we are open to hearing your thoughts.

Additional information:

- The main language used in delivering the program to the participants is Arabic.
- A detailed report will be delivered at the end of the task.

Expected Start Date: September 2023.

Required submissions:

Technical and Financial Proposal:

- Detailed technical and financial proposal for art-based program provided, outlining clear timeframe, the project's objectives, deliverables, and budget.
- Methodology for implementation clearly explained, including the expected number of sessions and the specific activities to be conducted.

Capability statement highlighting the expertise and experience of our organization/main consultant in similar projects, showcasing successful stories and past achievements.

Interested Candidates: please send the above documents to,

- khaled.ruby@wataneya.org
- rasha.salem@wataneya.org
- CC. y.elhagry@wataneya.org

mentioning the title ‘**Mental Health Well-being Through Art**’ in the email subject line.

The deadline to submit proposals is **August 31, 2023**, any proposals received after the deadline will not be considered.

Only shortlisted candidates will be contacted for an interview.

Please feel free to contact us via email for any further details or inquiries.

Best of luck to all applicants.